

# The Star

Volume 53, Issue 3

March 2011

## Pastor's Perspective

### Pilgrimage:

### When the Journey is as Significant as the Destination

Sunday Morning  
Worship Highlights  
8:30 & 11:00 a.m.

While people of all ages are welcomed and included in all of our worship services, Nursery care is also provided as a choice every Sunday at 11:00 a.m. for infants through kindergartners.

For me, commercial air travel is something to be endured rather than anticipated. If I have the time, I much prefer to travel by car, ship, or train.

True, an airplane is a rapid, sometimes economical, way to cover long distances between two points. But once the novelty of flight has worn off, flying can become merely a means to an end – a way to get to one's destination and back when one is in a hurry. Travelling forty thousand feet above the earth at an airspeed of 500 knots it's hard to admire the scenery.

By way of contrast, the last time I crossed our nation by rail I witnessed the gradual changes of landscape as I journeyed from the East Coast's rolling hills, to the open agricultural heartland of America, across prairies, deserts, and mountains to the Pacific Ocean. Modern homes look more alike all the time, yet each region of the United States still maintains bits of its distinctive architecture. Travelling at a slower rate of speed I also had more time to meet new people and have conversations with them over meals in the train's dining car or as we watched western pronghorn antelope out the windows of the observation car.

The liturgical season of Lent is an opportunity to slow down spiritually and experience the richness of our journey of faith. During lent the image of pilgrimage is often evoked. A pilgrimage is an intentional journey to a place imbued with spiritual or emotional meaning. In the past, when walking or riding a horse were the fastest modes of transportation available, the journey to a holy site took far longer. Not surprisingly then, the experiences one had along the way, the people one met, and the sights that one saw were considered as integral to the pilgrimage experience as arriving at one's destination.



#### March 6

"Where your treasure is, there your heart will be also." Matthew 6

#### March 9

Ash Wednesday: 7 pm worship with imposition of ashes.

#### March 13

Holy Communion in Celebration of the Atonement.

#### March 20

You must be born from above." (John 3:7)

#### March 27

"The water of eternal life"  
John 4: 9-15

We live in a fast, modern world. Yet from time to time we all need to slow down, reconnect with friends, family and strangers, and nurture our spirituality. In short, we need to appreciate and savor what it means to be human. Lent is the perfect time to do just that.

# March Highlights

## 2011 Lenten Program

Lenten Programs: 6 to 8 p.m.  
Wednesday evenings from March 16 through April 13.

I invite you to attend our special Lenten dinners and programs as you observe Lent this year. Each week we will gather in Fellowship Hall to begin with a light meal at 6 p.m. before continuing with presentations and discussion.

Our adult programming will be based on John Bunyan's classic allegory Pilgrim's Progress. The Board of Christian Education has arranged for appropriate children's learning activities each Wednesday as well.

## Mission and Outreach Lenten Brunch

A reminder for our congregation members - Mission & Outreach is hosting a **Lenten Breakfast** on Sunday morning, March 13, at 12:30 following the late service, in the Family Center. Cost is \$8 for adults, \$4 for kids aged 6 - 12, and under 6 free. If you have not yet purchased your tickets, they are available after each service, or during the week in the church office. You can also buy tickets at the door on the day of the event, but it is appreciated if you purchase in advance to help with planning.

## Luther Snow to Preach at EHMC

**On Saturday, March 26, 9:30 a.m - 3:30 p.m.**, Moravian Theological Seminary and the Moravian Church, Eastern District, along with several other agencies will be co-sponsoring an event featuring Luther Snow, author of **The Power of Asset Mapping** and a nationally - recognized leader in the Asset-Based Community Development movement. This event for Lay/Clergy Congregational Leadership Teams will be held at Moravian College/Theological Seminary, Johnston Hall in Bethlehem.

Mr. Snow will be bringing the message here at EHMC on Sunday morning, **March 27 at the 8:30 service**, not at 9:00, as was previously advertised in the February *Star*.

### A Why Knots Social Event

is planned for Tuesday, March 15th, 7 p.m. (please note we are meeting on Tuesdays during Lent). Please join us as we share fellowship while we work on crocheted or knitted projects such as prayer shawls, lap robes, Kitty blankets and baby hats, blankets and sweaters.

Also needed are volunteers to deliver the prayer shawls and lap robes to members in need at home, in the hospital or other nursing facilities.

# Health and Wellness

## Notes From the Nurse By Susan Kriebs

March is National Nutrition Month, and March 25 is American Diabetes Alert Day. The American Dietetic Association website has an article which states "compelling research suggests that fatty buildup in arteries begins in childhood....."

On Sunday, March 6, H&W is presenting "LET'S MOVE" Learning Centers during the Sunday School hour, starting at 9:45 am in the Family Center. This program is meant for our church family members of all ages. It is designed to encourage healthy living and well being, and is our effort to participate in First Lady Michelle Obama's program, which focuses on raising a healthier generation of kids. We invite you to join us, and we also encourage you to check out the website [letsmove.gov](http://letsmove.gov) for ways that you can get involved – not only within your own home, but in our church and the community around us. We can all make better choices – to improve not only our own health, but that of our precious children as well.

I have learned to appreciate searching on the internet for information, and for healthy recipes too. Instead of buying more cookbooks that contain many recipes that I will never use, I now search online. Several sites have been of special interest:

[Eatbetteramerica.com/recipes](http://Eatbetteramerica.com/recipes) [FullPlateDiet.org](http://FullPlateDiet.org) [kidseatright.org](http://kidseatright.org)  
[Weightwatchers.com](http://Weightwatchers.com) (Select Food and Recipes for free)

Three new recipes on the Eatbetteramerica site that look good are: orange pork and pineapple on the grill, baked apple-raisin oatmeal, and thick Italian winter stew with vermicelli.

**COMING IN APRIL:** Mark your calendars now for our two week adult Sunday School series on **April 3** and **10**. Representatives from Lehigh Valley Aging in Place will be presenting topics geared to our Seniors or those soon-to-be, our caregivers or spouses, and children of Seniors, to aid in planning care-giving or living strategies.

### Topics on April 3 are:

- How to use Lehigh Valley Aging in Place as a Resource
- How to Stay Safe in the Home and Prevent Falls
- All You Need to Know About Home Care Services

### Topics on April 10:

- Senior Living Options
- Reducing Caregiver Stress
- ABC's of Medicare and Accessing Free Services



# Growing and Learning



**Mark Your Calendars!!**

**Breakfast with  
The Easter Bunny  
Saturday, April 16, 2011  
EHMC Family Center  
8:30 - 10:00 a.m.**

**Tickets go on sale the  
week of  
March 21, 2011**

***Proceeds benefit the  
Preschool***

## Preschool News

By Mary Kay Brezinsky

I am not sure how many genuine Irishmen we have among our preschool families, but for a few days in March we all get into the spirit of celebrating St. Patrick's Day.

The magic of leprechauns hiding gold around the church, the fun of a lot of green art and craft projects, green snacks, etc. adds merriment to our classes. In the process we learn a little bit about St. Patrick.

We continue to welcome families into our school to observe our programs as they search for a preschool; for their child. We enjoy getting to meet new friends and look forward to them joining our East Hills Preschool family. If you know of anyone looking for a fun place to Learn\*Play\*Explore for their 2,3, or 4 year old, please send them our way and give us a call at 610-868-6242.

## EHMC Annual Easter Egg Hunt

Grab your basket and hop on in for some fun! It's time for the annual EHMC Kid's Easter Egg Hunt. Sunday, April 17, 2011 at 2:00 p.m. on the church grounds. Rain or shine.

All children 3rd grade and under are invited. Hope to see there!!

## The Scoutmaster's Minute

By Jim Roberts, Scoutmaster of Troop 362

Boy Scout Troop 362 has been chartered by East Hills Moravian Church for most of its 48 year lifetime. The troop follows the program of the Boy Scouts of America, which celebrated 101 years of helping America's youth on February 6, 2011 (Scout Sunday). *"The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law."* The three aims of the scouting program are character development, citizenship training, and personal development (both physical and mental). Everything we do in Troop 362 supports the mission and the three aims of the Boy Scouts of America, but we do it while having fun! On a monthly basis I will explain some of the basics of the scouting program, and report on the activities of Troop 362. If you would like more information on the troop, please stop by one of our weekly meetings (Thursdays, 7:00-8:30 PM in Fellowship Hall), visit our website (<http://www.troop362.com>), or email me at [james.roberts@lehigh.edu](mailto:james.roberts@lehigh.edu).

# Fellowship

## Moravian Women News By Janet Droney

The evening circle of Moravian Women will meet on Tuesday, March 1, 7:00 p.m. at the home of Sue Hahn, and the morning circle will meet Wednesday, March 2, 9:30 a.m. in the church kitchen with hostesses, Eileen Ackerman and Betty Damm. Both groups will be discussing Session 4 from *Fruits of the Spirit* on Patience, with insights from Catherine Weidner.

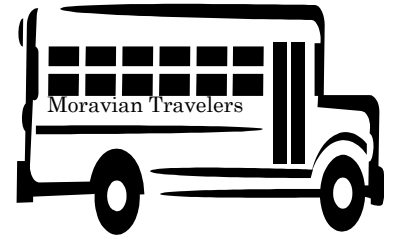
The Moravian Archives will be featuring Moravian Women in their exhibit this year. The exhibit begins with the development of the choir system and the first female ordination in the 18th century. The Moravian Archives is asking for Moravian Women to support the exhibit which opens on March 20, 2011. Forms to donate items for the display can be obtained from Janet Droney.

Registrations for the 11th Moravian Women's Conference are due before April 15, 2011. This 4-day conference is scheduled for June 23-26, 2011 at the Embassy Suites Charlotte-Concord Conference Center, Concord, North Carolina. Contact Janet Droney, 610-691-1984 with questions or to register.

## Adult Fellowship

The 6th annual Adult Fellowship Wine Tasting party will be Saturday evening, March 26, starting at 7 p.m. Sue and Rich Kriebs are once again hosting, and welcome everyone into their home. There will be a wide variety of wines from a local winery, and plenty of good food and desserts selected to complement the wines. This year's choice is Peace Valley Winery, located in Chalfont, PA. The menu is once again being planned and prepared by the Wingroves and Kriebs. A glass for tasting will be supplied and other beverages will also be offered. The cost will remain the same as last year, \$17 per person. Because space is limited, we encourage you to reserve as soon as possible.

Adult Fellowship is actively seeking to include more members of our congregation in their wide variety of activities. This event provides an excellent opportunity to mingle socially and get to know other members of our church family. Last year's event was attended by over 40 people who enjoyed an evening of fun and fellowship and plenty of good food and drink. If you have attended previously you know to expect a good time. If you have not, you are cordially invited to join in, and to experience the fun that Adult Fellowship events can be. Contact Sue or Rich Kriebs, 610-867-5971, to reserve your spot. Payment is due by Sunday, March 13.



Contact Stan Maculesky, 610-866-1352, to inquire about or to reserve a seat on any of these upcoming trips.

**Tuesday, April 26, 2011-**  
Dutch Apple Dinner Theatre- *Unsinkable Molly Brown* - Spirited musical of a real-life American legend who is a lovable country gal determined to make a name for herself as a society lady. Leave church parking lot at 9:00 a.m. \$80.

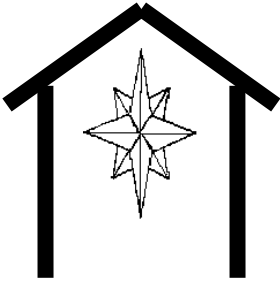
**Wednesday, May 18, 2011** -Allenberry Playhouse- *Sisters of Swing - The Story of the Andrews Sisters*. Leave church parking lot at 8:30 a.m. \$85.

**Thursday, June 9, 2011** - Rainbow Dinner Theatre - *Who Goes Bare?* Two inept brothers try to save their family's Country Spa. Leave church parking lot at 8:30 a.m. \$63.



# Being the Missional Church

## Summer 2011 East Hills Moravian Church Mission Trip –Habitat for Humanity



Are you age 16 or older and looking for something challenging, exciting, and different to do this summer? Join the East Hills Moravian Church Mission Trip and help build houses with Habitat for Humanity. Yes, you'll put on old clothes and pick up a hammer, but you'll also put your faith into action, experience a new community, gain greater awareness of the need for decent affordable housing and HAVE FUN! We have had great experiences the last nine summers going to the Eastern Shore of Virginia. Our Mission and Outreach Committee is looking forward to supporting this tenth trip, which is scheduled for Sunday, July 17, 2011 through Saturday, July 23, 2011.

Mark your calendars now and plan on attending the informational meeting from 7:00-8:00 a the church on the evening of Sunday, March 20, 2011 to learn more. Then secure your place on the trip by filling out and returning a Commitment Form along with the \$150.00 Commitment Fee.

Please contact Jay/Sue Larson (610-691-6334) or [jwlarson1@aol.com](mailto:jwlarson1@aol.com) or Steve/Lucy Thompson (610-691-2708) or [slmicro@ptd.net](mailto:slmicro@ptd.net)) for a Commitment Form or if you have any questions.

## From the Elders

The Elders welcomed two new members to the board, Sue Kriebs and Joe Mixon. Both brought refreshing new points of view and helped all in attendance renew their resolve to be competent leaders responsible for our church's spiritual well-being.

The board also welcomed Moravian Seminary student, Rebecca Schoeneberger. Rebecca joined us this past Sunday and read the liturgy as well as the Childrens Chat. If you see Rebecca, please introduce yourself and welcome her!

See you in church!



# March Birthdays

- |    |                  |    |                      |
|----|------------------|----|----------------------|
| 1  | Tori Alpa        | 16 | Luana Blattner       |
| 4  | Debra Gruver     |    | Ted Gilbert          |
|    | Rebecca Jensen   |    | Katherine Peters     |
|    | Craig Zieger     |    | Alan Soska           |
| 5  | Kevin Moyzan, Jr | 17 | Maxwell Morgan       |
| 6  | Katie Buttler    | 18 | Frieda Soska         |
|    | Matthew Confer   | 19 | Sarah Choi           |
| 7  | Deborah Balazs   | 20 | Christopher Cooke    |
|    | Ray Bennett      |    | Julie Ann Del Priore |
| 8  | Phillip Kromer   | 22 | Robert Greenawald    |
|    | Gianna Walton    | 23 | Susan Sommers        |
| 9  | Kelsey Dunstan   |    | Phil Turton          |
|    | Konrad Glass     |    | Kyra Zimmerman       |
| 12 | Chere King       | 24 | Rebecca Bieber       |
|    | Erin Wimmer      | 25 | Scott Gross          |
| 13 | Andrew Knerr     |    | Greg Adams           |
|    | Laurie Latham    | 28 | Sara Pinter          |
|    | John Burgess     | 29 | Keri Greenawald      |
| 14 | Sharon Confer    | 30 | Beth Jensen          |
|    | Taylor Gilbert   |    | Andrea Neith         |
|    | Colin Harms      |    |                      |
|    | Michael Suppes   |    |                      |



# Looking Ahead

## Adult Fellowship Family Outing

**Attention all Iron Pigs fans!!** The EHMC Adult Fellowship is holding their annual family outing at Coca Cola Park on Sunday, May 22, 2011. The game time is 1:35 p.m. There are 50 tickets available at \$9.00 each. Money is due with your order. If you are interested, contact Bob or Rita Girou at 610-954-9051 or [rgirou@enter.net](mailto:rgirou@enter.net).



# March Ministry Page

## Sacristans

6 Jim & Jane Regina  
13 Jack & Jean Skillman  
20 Harry & Louise Snyder  
27 Steve & Lucy Thompson

## Counters

6 Bill Matz, Jr., Y. Gerlach  
13 Bill Matz, Jr., Y. Gerlach  
20 R. Emmons, D. Spinney  
27 R. Emmons, D. Spinney

## Ushers 8:30 a.m.

6 B. Koehler, Jr., Jim Knerr  
13 Phil & Donna Kromer  
20 B. Montgomery, H. Snyder  
27 Joe & Frieda Soska

## Elder on Duty 8:30 a.m.

6 Joe Mixon  
13 Jon Burcaw  
20 Joe Mixon  
27 Peter Diehl

## 11:00 a.m.

6 Y. Gerlach, B. Knisely  
13 Jim & Jane Regina  
20 Jack & Jean Skillman  
27 Steve & Lucy Thompson

## 11:00 a.m.

6 Jay Larson  
13 Polly Skinn  
20 Sue Kriebs  
27 Laura Kemmerer

## Liturgist 8:30 a.m.

6 Joe Csrenko  
13 Lisa Mixon  
20 Eileen Ackerman  
27 Jeff Adams

## Sanctuary Flowers

6 Konrad & Eva Glass  
Ray & Jean Bennett  
13 Greg & Nancy Costa  
20 Jim & Jane Regina  
Eileen Mera  
27 Adams Family

## 11:00 a.m.

6 Karen Davison  
13 Peter Diehl  
20 Brian Davison  
27 Phil Turton

## Flower Visitor

6 Jeff Adams  
13 Jean Bennett  
20 Lou & Earl Jackson  
27 Barb Levan

## Crib Nursery

6 Melissa Kaye  
13 Melissa Kaye  
20 Melissa Kaye  
27 Melissa Kaye



## Victory House Wednesday, March 9,

Shopper Ellen DeStasio  
Kitchen Asst Karen Davison  
Shelter Duty Todd Heft  
Carol Grace  
Hicks  
Dessert Karen Alpha



# March 2011 at East Hills

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



7pm Dist. Scout Mtg.  
7p.m. BCE

5:30pm Girl Scouts  
7pm Men's Club Bible Study  
7pm Girl Scouts

5pm Chancel Choir  
5:30pm Youth Choir  
7pm Boy Scouts  
7:15pm Sr. Choir

7pm GSA Troop 853

4:30 & 7p.m. Italian Buffet

6:30pm Dart Ball  
7pm Worship Comm.

7pm Preschool Adv. Bd.

5:30pm Girl Scouts  
7pm Ash Wed. Service  
8pm Elders

5pm Chancel Choir  
5:30pm Youth Choir  
7pm Boy Scouts  
7:15pm Sr. Choir

7pm GSA Troop 853

6:30 Dart Ball - EHNMC  
@Christ UCC

5:30pm Girl Scouts  
7pm Ash Wed. Service  
8pm Trustees

5pm Chancel Choir  
5:30pm Youth Choir  
7pm Boy Scouts  
7:15pm Sr. Choir

7pm GSA Troop 853

6:30pm Dart Ball - EHNMC@  
Schoenersville Christ UCC

5:30pm Girl Scouts  
6pm Lenten Supper followed  
by programming

5pm Chancel Choir  
5:30pm Youth Choir  
7pm Boy Scouts  
7:15pm Sr. Choir

7pm GSA Troop 853

11a.m. Cursillo Communion

8:30am Worship/Luther  
Snow  
9:45am Sunday School  
11am Worship  
6pm Bible Study  
6:30pm 8th Grade Conf.  
Class

6:30pm Dart Ball

5:30pm Girl Scouts  
6pm Lenten Supper followed  
by programming

5pm Chancel Choir  
5:30pm Youth Choir  
7pm Boy Scouts  
7:15pm Sr. Choir

7pm GSA Troop 853

5:30pm Girl Scouts  
6pm Lenten Supper followed  
by programming

# Around the Neighborhood

## Vintage to Vogue Fashion Show

A Vintage to Vogue Fashion show will be held from noon to 2:30 p.m. Saturday, March 26 at Moravian Village, 526 Wood St., Bethlehem.

Reminiscent of bygone eras, models wearing designs from the 1920s to the '80s will stroll past attendees. The show, featuring vintage jewelry, clothing and accessories from Phyllis Vintage Boutique in Easton, will be the epitome of fashion.

Becky Owens, organist at Central Moravian Church, will accompany the event with sounds from the Jazz Age through disco. Tickets are \$25 and include a sumptuous high tea with Moravian sugar cake and other delicious treats.

Tickets may be purchased at College Hill Moravian Church, 72 W. Laurel St.; Edgeboro Moravian Church, 645 Hamilton Ave.; and Central Moravian Church, 73 W. Church St., all in Bethlehem; and Phyllis Vintage Boutique, 12 Sitgreaves St., Easton.

Proceeds will be used to help with the ongoing mission work in Nepal through the Nepali Moravian Outreach Ministry.

## College Hill Moravian Church Presents Easter Breakfast Buffet

College Hill Moravian Church presents an Easter Breakfast buffet on Sunday, April 24 from 7:00 a.m. to 9:45 a.m. Please use the entrance located at the rear of the church (72 W. Laurel St). Cost: Adults \$5, Children (5-10 yrs. old) are \$3, and Children under 5 are free. Breakfast is served buffet style, beverages are included; some items may not be available at all times. On request, take out is available at \$4/container. The menu will be: scrambled eggs; omelet with onions, red and green peppers, and ham; home fried potatoes; creamed dried beef on toast (white or whole wheat); bacon and sausage; pancakes; waffles; French toast sticks; natural 100% maple syrup or pancake syrup; variety fruit bowl; orange juice, V8 original juice, pineapple, or fruit juices; coffee, hot chocolate and tea. For sale while supplies last: creamed dried beef, quarts \$6 and pints \$3.



The MDA Summer Buffet Dance Jam is Friday, April 8 at the Domes @980 -980 Bridle Path Rd. It is an evening of great live music, featuring some of EH's finest musicians and great food, catered by our own Bob Wingrove. There will be an eclectic silent auction that offers something for everyone and you can even get your picture taken on a beautiful Harley-Davidson motorcycle. Advance sale tickets are \$30 and are available through Jon Burcaw, 610-428-0703 or by email jsbur886@aol.com. All proceeds after expenses benefit the Muscular Dystrophy Assoc.



# Prayers and Thanksgiving

Dear East Hills Family:

Thank you for your many expressions of sympathy and concern for the death of Debbie's mother and our infant granddaughter, Avery Rose McAnanama. During this very difficult winter, it is a source of strength and comfort to know you are supporting and praying for us and our family. As I write this note, Reid is doing well and growing. We look forward to the day when he will come home with his parents. Until then, your continued prayers are greatly appreciated.

With much gratitude,  
Debbie and Bill Spinney

To the East Hills  
Congregation:

Thank you to Pastor Derek and church friends for their visits, cards, and prayers for healing during my recent recuperation from injuries from my falls.

Ray Bennett

In our ongoing prayers we hold:

## FOR HEALING OR STRENGTH TO DEAL WITH ADVERSITY

Bowden Family; Christopher Cooke; Ray Hippenstiel; John Petro; George & Caroline Radchuk; Anthony Seratore; Dorothy Sanford; Gail & John; Anita McKeown; Steven & Susan Price; Reid McAnanama; George Ruoff; Portia Saunders, Maryalice Gross; Robert Takach; Marissa Graber; Patricia Fried; Ruth Ann Hall; Genelle Kuhns; Family & Friends of Judy Hansen; Kenneth Paulus.

## OUR MEMBERS IN NURSING HOMES OR ASSISTED LIVING

Dorothy Lester, Dick Cressman

*"Devote yourselves to prayer, keeping alert in all  
with thanksgiving."*

*Colossians 4:2*

